



Do we learn to change, or change to learn? Sowing some seeds of reflection

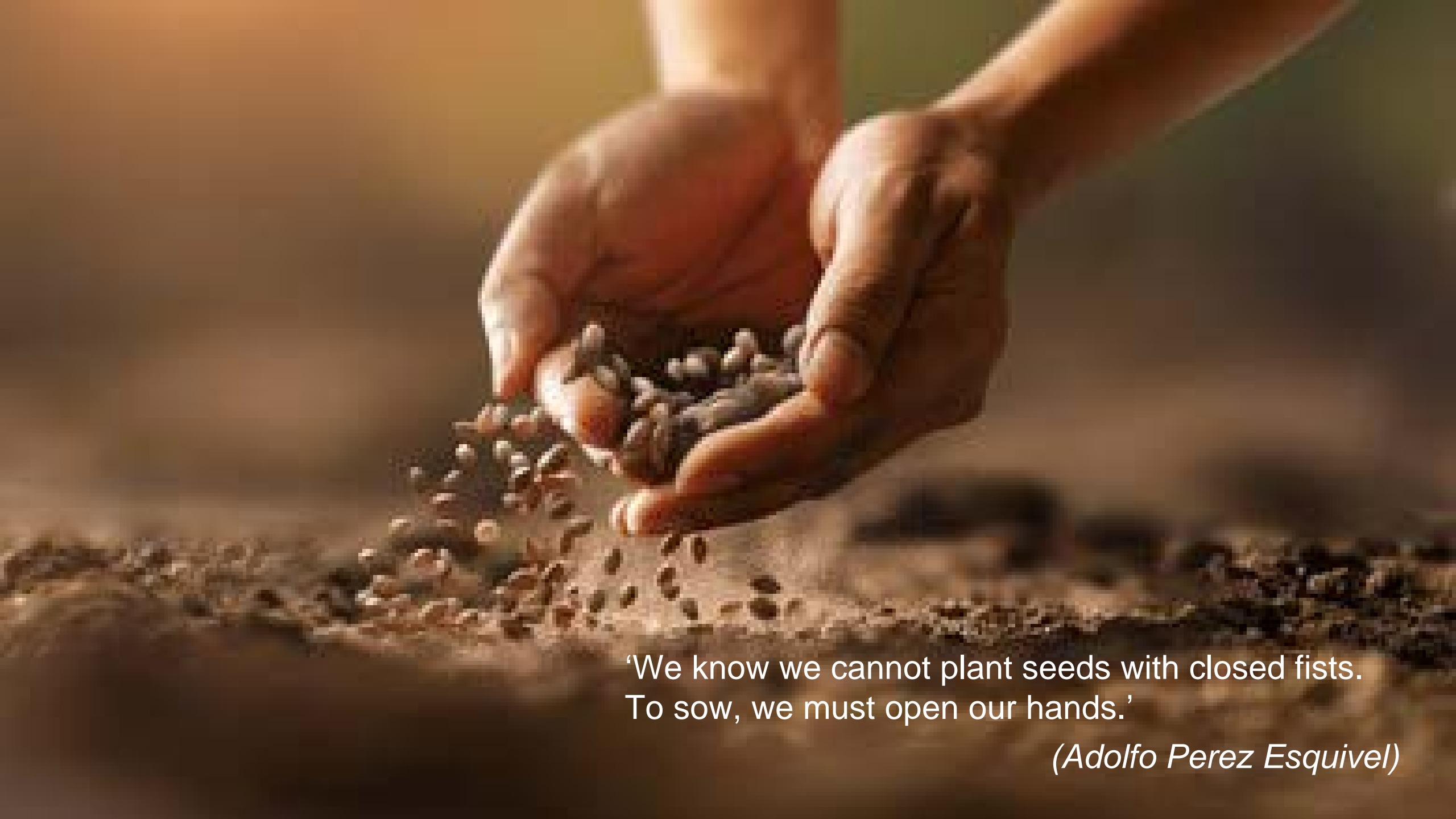
Minola Jac | HR Minds, September 2024



People change in four different seasons:

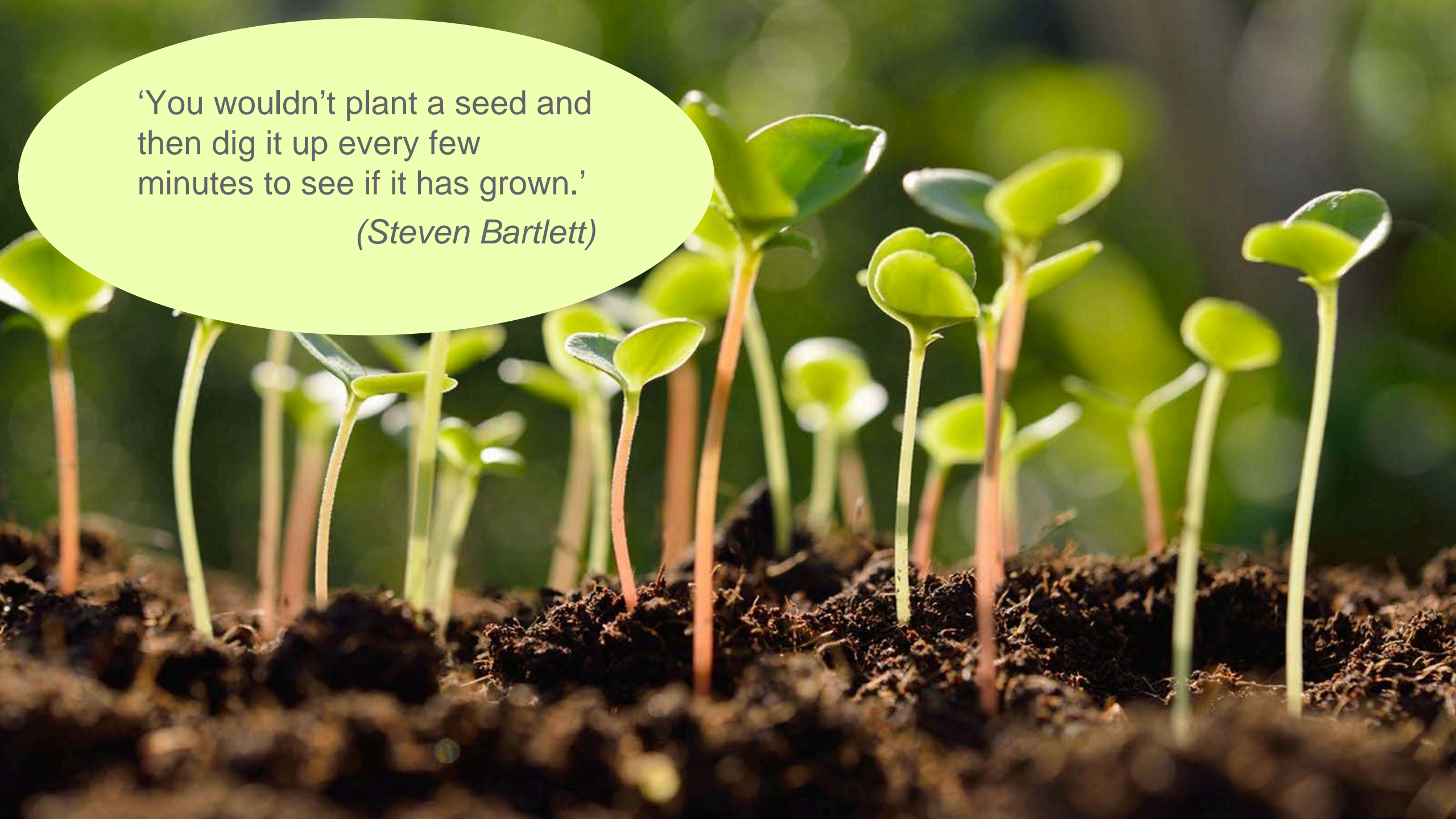
- When they hurt enough they have to.
- When they see enough they are inspired to.
- When they learn enough that they want to.
- And when they receive enough that they are able to.

(John C. Maxwell)



'We know we cannot plant seeds with closed fists.
To sow, we must open our hands.'

(Adolfo Perez Esquivel)



‘You wouldn’t plant a seed and then dig it up every few minutes to see if it has grown.’

(Steven Bartlett)



‘When a flower doesn't bloom,
you fix the environment in which
it grows, not the flower.’

(Alexander Den Heijer)



Not all repotting is automatically an up-potting.

And it shouldn't be!!!

A mirror adds:

- Balance
- Depth
- Layering and texture



5 by 5
Every 5th day of the week
(Friday),
take (at least) 5 minutes
to go through 5 questions



Thank
you